

**Lode Van Tente**

# Tijden

| 2021 | Sen | 800 m  | 2'04''08 ( n-off ) |
|------|-----|--------|--------------------|
|      |     | 1500 m | 4'12''61 ( n-off ) |
|      |     | 3000 m | 9'10''54           |
|      |     | 1500 m | 4'09''15           |
| 2022 | Sen | 3000 m | 8'51''40           |
|      |     | 1500 m | 4'01''40           |
|      |     | 1500 m | 3'58''44           |
| 2023 | Sen | 3000 m | 8'30''30           |
|      |     | 5000 m | 14'43''40          |
|      |     | 1500 m | 3'55''74           |
| 2024 | Sen | 3000 m | 8'21''35           |
|      |     | 5000 m | 14'34''96          |
|      |     | 5000 m | 14'17''49          |

